# Elara Caring Behavioral Health



Behavioral health care wherever you call home.



# Our specialized in-home services promote recovery at home.

Our care teams support individuals with a wide range of behavioral and psychiatric health conditions with a focus on assessment, education and action plans.

### Our in-home services include:

- Medication education and management
- Individualized and comprehensive care plan development including integration with community providers
- Diagnosis-driven specialty programs for anxiety and depression, substance use, trauma and the emotional journey of aging
- Support with food insecurity, transportation, housing, job education/ placement and navigation within the healthcare system
- · Evidence-based screening tools
- Experienced behavioral health nurses, clinical liaisons and social workers



## Are you or a loved one experiencing any of the following?

- Depression or anxiety
- Difficulty with the emotional journey of aging
- · Coping with trauma
- Struggling with substance use
- Management of bipolar disorder or schizophrenia

If you answered yes to one or more of these, contact Elara Caring to learn how we may help.



Scan for more information.



## Do I qualify?

Our specialized team of behavioral health professionals are trained to assist in assessing qualified services to meet individual needs.



## ) How will I pay?

If you have Medicaid or a limited income, you may qualify for behavioral health services at no cost to you. We can work with you to seek approval and evaluate your needs to determine coverages available to you with any insurance provider.



Visit us online at Elara.com/Locations to find the Elara Caring branch near you.