



Who are my Nurse Care Coordinators?

Quantum Health Nurse Care Coordinators are licensed clinicians available to provide dedicated, one-on-one support throughout your healthcare journey.

Your Nurse Care Coordinator is one nurse assigned to support both you and your family to provide expert guidance on:

- Your employer-provided benefit enhancements
- Managing health conditions like diabetes, high blood pressure, high cholesterol, asthma, chronic obstructive pulmonary disease (COPD), congestive heart failure, kidney disease and high-risk pregnancy
- Preparing for and recovering from inpatient hospital stays
- Ensuring you understand your coverage and have prior approval when needed
- Collaborating with your provider on your care and advocating for your needs
- Solving claims issues and helping you understand your medical bills
- Providing tips on how to improve or maintain your health, and proactively reaching out to you to help manage your health condition(s) and understand your benefits

Questions? Contact us today.

(866) 920-1963

7:30 a.m.-9 p.m. CT

MyElaraCaringBenefits.com

