



NEED HELP WITH YOUR BENEFITS OPTIONS?

Get one-of-a-kind support during
Open Enrollment: Oct. 28 - Nov. 8, 2024.

During Open Enrollment and throughout the year, your Quantum Health Care Coordinators are here to help with everything related to your healthcare and benefits.



One number to call
with any questions



One app for
self-service help



One team of experts
dedicated to helping you



MyElaraCaringBenefits.com

(866) 920-1963

(Monday-Friday, 8:30 a.m.-10 p.m. ET)

Elara Caring 

 **Quantum**
HEALTH

QUANTUM HEALTH IS YOUR ONE PLACE

for one-of-a-kind support



Don't miss your annual opportunity to update your benefits for the coming year. Contact us for help with:

- Choosing the right plan for you and your family
- Understanding your plan options
- Reviewing your current benefits
- Any other benefits questions or concerns

Don't forget throughout the year, we can:

- Answer claims, billing and benefits questions
- Find in-network providers
- Verify coverage and get prior approval, if needed
- Contact providers to coordinate your treatment
- Review your care options
- Provide information on health issues
- Help you save on out-of-pocket costs
- Help you get the most out of your benefits



No request is too big or small for your Quantum Health Care Coordinators. When you need help, we're just a **tap, click, chat or call away!**

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