



YOUR ONE PLACE TO GO FOR HEALTHCARE AND BENEFITS HELP

Welcome to one-of-a-kind support.

When dealing with healthcare and benefits, it can be hard to know where to start. Quantum Health is your one place to turn when you need assistance.



One number to call
with any questions



One app for
self-service help



One team of experts
dedicated to helping you



[MyElaraCaringBenefits.com](https://www.MyElaraCaringBenefits.com)

(866) 920-1963

(Monday-Friday, 8:30 a.m.-10 p.m. ET)

Elara Caring

Quantum
HEALTH



QUANTUM HEALTH IS YOUR GO-TO RESOURCE

for healthcare guidance and benefits information

NO REQUEST IS TOO BIG OR SMALL FOR YOUR CARE COORDINATORS

For medical claims, benefits, prescriptions and so much more, you can expect expert guidance at no cost to you. Think of us as your personal team of nurses, benefits experts and claims specialists who will do whatever it takes to support your unique healthcare and benefits needs.

Empowered and resourceful, Care Coordinators do things like:

- Get answers to claims, billing and benefits questions
- Find in-network providers
- Verify coverage and get prior approval, if needed
- Contact providers to coordinate your treatment
- Review your care options
- Replace ID cards

Sometimes we may call you, but we wouldn't call if it weren't important. We might call if:

- You could save on your out-of-pocket costs
- There is a concern with your prescriptions
- Insurance information is needed
- You qualify for a coaching program
- We need to follow up on a procedure or discharge



No request is too big or small for your Quantum Health Care Coordinators. When you need help, we're just a **tap, click, chat or call away!**



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