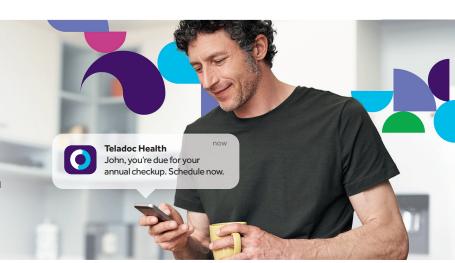




# Become your healthiest self with Primary360

Your new primary care benefit through Blue Cross Blue Shield of Texas



You now have access to virtual annual checkups and ongoing care with a board-certified primary care provider (PCP) of your choice.

### What you can expect from Primary 360:

- Choose your doctor
- Get prescriptions, lab orders, referrals to in-person specialists and more
- Experience care built around your schedule
- Understand what to do next to be your healthiest self

Your Primary 360 virtual annual checkup is \$0.\*

Blue Cross Blue Shield of Texas members have access to these additional Teladoc virtual services:\*\*

#### **General Medical:**

Talk to a U.S. board-certified doctor by phone or video at any time, from wherever you are.

#### Mental Health:

Talk to a therapist or psychiatrist of your choice by phone or video about anything from daily life to traumatic events.

#### Dermatology:

Upload images of a skin issue online or on the app for a custom treatment plan.

Log in to your Teladoc Health account for details and pricing of the services available to you

## Create your account today to schedule your \$0 annual checkup.

\*If you are scheduling an annual checkup, your fee will be waived in accordance with your benefits policy

Teladoc Health is an independent company that has contracted with Blue Cross and Blue Shield of Texas (BCBSTX) to operate and administer the Virtual Primary Care program for members with coverage through BCBSTX. Teladoc Health is solely responsible for its operations and for those of its contracted providers. BCBSTX makes no representations or warranties regarding third-party vendors and the products and services offered by them. Blue Cross®, Blue Shield® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.