

# Become your healthiest self with Primary360

Your new primary care benefit through Blue Cross Blue Shield of Texas



**Teladoc Health**

now

John, you're due for your annual checkup. Schedule now.

You now have access to virtual annual checkups and ongoing care with a board-certified primary care provider (PCP) of your choice.

## What you can expect from Primary360:

- Choose your doctor
- Get prescriptions, lab orders, referrals to in-person specialists and more
- Experience care built around your schedule
- Understand what to do next to be your healthiest self

Your Primary360 virtual annual checkup is \$0.\*

**Blue Cross Blue Shield of Texas members have access to these additional Teladoc virtual services:\*\***

### General Medical:

Talk to a U.S. board-certified doctor by phone or video at any time, from wherever you are.

### Mental Health:

Talk to a therapist or psychiatrist of your choice by phone or video about anything from daily life to traumatic events.


### Dermatology:

Upload images of a skin issue online or on the app for a custom treatment plan.

**Log in to your Teladoc Health account for details and pricing of the services available to you**

## Create your account today to schedule your \$0 annual checkup.

Visit [Teladoc.com/BCBSTX](https://Teladoc.com/BCBSTX) | 1-800-TELADOC (835-2362)

Download the app  | 

\*If you are scheduling an annual checkup, your fee will be waived in accordance with your benefits policy.

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\*\*For the most current pricing of your Teladoc Health services, please log in to your [TeladocHealth.com](https://TeladocHealth.com) account.