## Elara Caring Palliative Care



## Palliative care wherever you call home.



# We can help you manage symptoms at home.

Our care team works with you, your loved ones and your doctors to help match treatment choices to goals. Unlike hospice care, palliative care can be provided along with curative treatment.

### Our palliative care team can help in the following ways:

- Oversee medications and other treatments for pain, constipation, shortness of breath and other symptoms.
- Provide medical information, emotional support and home care assistance.
- Communicate with other providers and evaluate treatment options.
- Coordinate care and serve as an advocate on behalf of the patient and family.
- Offer spiritual support and comfort.





### Are you experiencing any of the following and want to improve quality of life?

- · One or more serious, long-lasting illnesses
- · Symptoms that impact your quality of life
- Side effects from medical treatments that are hard to manage
- Stress or anxiety related to your illness or symptoms
- A caregiver who doesn't know the best way to support you
- Frequent care in the emergency room or hospital for your symptoms

If you answered yes to one or more of these, contact Elara Caring to learn how we may help.



Scan for more information.





#### Do I qualify?

Palliative care can be provided at any stage of disease and at the same time as curative treatment.



#### How will I pay?

Palliative care may be covered by Medicare Part B and private insurance.



Visit us online at Elara.com/Locations to find the Elara Caring branch near you.