

Elara Caring Guidelines for Discontinuing Home Isolation for (suspected or positive) COVID-19 Patients

<p>Patient was/is asymptomatic, but tested positive for COVID-19</p>	<p>Patient is/was symptomatic, and either tested positive for COVID-19 or was not tested but is suspected to be positive for COVID-19</p>
<p><u>Time-based strategy</u></p> <p>10 days have passed since the date of their first positive COVID-19 diagnostic test, assuming they have not subsequently developed symptoms since their positive test.</p> <p>OR</p> <p><u>Test-based strategy</u></p> <p>Negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected <u>> 24</u> hours apart. <i>(some states/health departments are only performing 1 negative test result instead of the CDC recommendations of 2. Follow state/health department recommendations)</i></p>	<p><u>Symptom-based strategy</u></p> <p>At least 3 days (72 hours) have passed <i>since recovery</i> defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath); and At least 10 days have passed <i>since symptoms first appeared</i>.</p> <p>OR</p> <p><u>Test-based strategy</u></p> <p>Resolution of fever without the use of fever-reducing medication and Improvement in respiratory symptoms (e.g., cough, shortness of breath), and Negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected <u>≥ 24</u> hours apart. <i>(some states/health departments are only performing 1 negative test result instead of the CDC recommendations of 2. Follow state/health department recommendations)</i></p> <p><i>If a patient is suspected of having COVID-19 is never tested, the decision to discontinue Transmission-Based Precautions can be made based upon using the Symptom-Based Strategy as previously described.</i></p>