

Elara Caring Team Member Return to Work Guidelines- COVID-19

<p><u>Exposed Team Member</u></p> <p>Team Member is asymptomatic</p>	<p>If a team member has had exposure to a COVID-19 patient but is asymptomatic, they can continue to work.</p>	<p>The team member should still record their temperature and absence of symptoms each day prior to starting work. * Follow your state specific guidelines as well, some states are requiring a temperature check prior to each visit.</p>	<p>The exposed team member should wear a facemask or KN95 mask or KN95 mask while at work for at least the 14 days after the exposure event. (Elara Caring is currently requiring team members to wear a facemask or KN95 mask or KN95 mask for all visits indefinitely)</p>
<p><u>Exposed Team Member</u></p> <p>Team Member is symptomatic</p>	<p>Team Member is to stop work immediately if they develop any symptoms.</p> <ul style="list-style-type: none"> Team Member is to contact their physician to report symptoms Team Member is to contact their supervisor Team Member or Supervisor is to contact the Elara Infectious Disease team by completing the following link: https://app.smartsheet.com/b/form/3f61caec96a04adcb86cdf2a4e7b09c0 	<p>Team Member may return to work when:</p> <ul style="list-style-type: none"> COVID-19 testing comes back negative (if Team Member was tested). OR: If Team Member was not tested, at least 3 days (72 hours) have passed since recovery... recovery is defined as: <ul style="list-style-type: none"> no fever without the use of fever reducing medications and improvement of respiratory symptoms (e.g. cough, shortness of breath), and at least 10 days have passed since the symptoms first appeared. 	<p>Return to work practices and work restrictions:</p> <ul style="list-style-type: none"> Wear a facemask or KN95 mask at all times while at work until all symptoms are completely resolved, or until 14 days after illness onset, whichever is longer. (Elara Caring is currently requiring team members to wear a facemask or KN95 mask for all visits indefinitely) Adhere to hand hygiene, respiratory hygiene, and cough etiquette (cover nose and mouth when coughing or sneezing, dispose of tissues in waste receptacles.) Avoid caring for severely immunocompromised patients, if possible. Self-monitor for symptoms and seek re-evaluation from your medical provider or health department if respiratory symptoms recur or worsen.
<p><u>Positive COVID-19 Team Members</u></p> <p>Team Member is symptomatic</p>	<p>Test Based Strategy (this will be rare due to testing shortages across the nation) === Team Members may return to work when they have:</p> <ul style="list-style-type: none"> no fever without the use of fever reducing medications, and improvement in respiratory symptoms (e.g. cough, shortness of breath), and negative results for COVID-19 from at least 2 consecutive nasopharyngeal swabs collected > 24 hours apart. (or per Health Dept directions) 	<p>Non-Test Based/Time based Strategy === Team Members may return to work when:</p> <ul style="list-style-type: none"> at least 3 days (72 hours) have passed since recovery... recovery is defined as: <ul style="list-style-type: none"> no fever without the use of fever reducing medications & improvement of respiratory symptoms (e.g. cough, shortness of breath), & at least 10 days have passed since the symptoms first appeared. 	<p>Return to work practices and work restrictions:</p> <ul style="list-style-type: none"> Wear a facemask or KN95 mask at all times while at work until all symptoms are completely resolved, or until 14 days after illness onset, whichever is longer. (Elara Caring is currently requiring team members to wear a facemask or KN95 mask for all visits indefinitely) Adhere to hand hygiene, respiratory hygiene, and cough etiquette (cover nose and mouth when coughing or sneezing, dispose of tissues in waste receptacles.) Avoid caring for severely immunocompromised patients, if possible. Self-monitor for symptoms, and seek re-evaluation from your medical provider or health department if respiratory symptoms recur or worsen
<p><u>Positive COVID-19 Team members</u></p> <p>Team Member is asymptomatic</p>	<p>Asymptomatic team members can continue to work while test results are pending. The team member should still record their temperature and absence of symptoms each day prior to starting work. * Follow your state specific guidelines as well, some states are requiring a temperature check prior to each visit.</p>	<p>For asymptomatic team members that tested positive: Non-Test Based/Time based Strategy === team member may return to work when 10 days have passed since the date of their first positive COVID-19 diagnostic test assuming they have not subsequently developed symptoms since their positive test. For asymptomatic team members: Test Based Strategy: === team member may return to work negative results for COVID-19 from at least 2 consecutive nasopharyngeal swabs collected > 24 hours apart. (or per Health Dept directions)</p>	<p>Return to work practices and work restrictions:</p> <ul style="list-style-type: none"> Elara Caring is currently requiring team members to wear a facemask or KN95 mask for all visits. Adhere to hand hygiene, respiratory hygiene, and cough etiquette (cover nose and mouth when coughing or sneezing, dispose of tissues in waste receptacles.) Avoid caring for severely immunocompromised patients, if possible. Self-monitor for symptoms and seek re-evaluation from your medical provider or health department if symptoms arise.