

Elara Caring Team Member Return to Work Guidelines- COVID-19

<p><u>Exposed Team Member</u> Team Member is asymptomatic</p>	<p>If a team member has had exposure to a COVID-19 patient but is asymptomatic, they can continue to work.</p>	<p>The team member should still record their temperature and absence of symptoms each day prior to starting work. * Follow your state specific guidelines as well, some states are requiring a temperature check prior to each visit.</p>	<p>The exposed team member should wear a facemask while at work for the 14 days after the exposure event.</p>
<p><u>Exposed Team Member</u> Team Member is symptomatic</p>	<p>Team Member is to stop work immediately if they develop any symptoms.</p> <ul style="list-style-type: none"> Team Member is to contact their physician to report symptoms Team Member is to contact their supervisor Team Member or Supervisor is to contact the Elara Infectious Disease team by completing the following link: https://app.smartsheet.com/b/form/3f61caec96a04adcb86cdf2a4e7b09c0 	<p>Team Member may return to work when:</p> <ul style="list-style-type: none"> COVID-19 testing comes back negative (if Team Member was tested). OR: If Team Member was not tested, at least 3 days(72 hours) have passed since recovery... recovery is defined as: <ul style="list-style-type: none"> no fever without the use of fever reducing medications and improvement of respiratory symptoms (e.g. cough, shortness of breath), and at least 7 days have passed since the symptoms first appeared. 	<p>Return to work practices and work restrictions:</p> <ul style="list-style-type: none"> Wear a facemask at all times while at work until all symptoms are completely resolved, or until 14 days after illness onset, whichever is longer. Adhere to hand hygiene, respiratory hygiene, and cough etiquette (cover nose and mouth when coughing or sneezing, dispose of tissues in waste receptacles.) Avoid caring for severely immunocompromised patients, if possible. <p>Self-monitor for symptoms, and seek re-evaluation from your medical provider or health department if respiratory symptoms recur or worsen.</p>
<p><u>Positive COVID-19 Team Members</u> Team Member tested positive for COVID-19. 2 'return to work' strategies can be considered. The Test Based Strategy will be rare due to national testing shortages.</p>	<p>Test Based Strategy (this will be rare due to testing shortages across the nation) === Team Members may return to work when they have:</p> <ul style="list-style-type: none"> no fever without the use of fever reducing medications, and improvement in respiratory symptoms (e.g. cough, shortness of breath), and negative results for COVID-19 from at least 2 consecutive nasopharyngeal swabs collected > 24 hours apart. 	<p>Non-Test Based Strategy === Team Members may return to work when:</p> <ul style="list-style-type: none"> at least 3 days(72 hours) have passed since recovery... recovery is defined as: <ul style="list-style-type: none"> no fever without the use of fever reducing medications and improvement of respiratory symptoms (e.g. cough, shortness of breath), and at least 7 days have passed since the symptoms first appeared. 	<p>Return to work practices and work restrictions:</p> <ul style="list-style-type: none"> Wear a facemask at all times while at work until all symptoms are completely resolved, or until 14 days after illness onset, whichever is longer. Adhere to hand hygiene, respiratory hygiene, and cough etiquette (cover nose and mouth when coughing or sneezing, dispose of tissues in waste receptacles.) Avoid caring for severely immunocompromised patients, if possible. <p>Self-monitor for symptoms, and seek re-evaluation from your medical provider or health department if respiratory symptoms recur or worsen</p>